

༄༅། ཚེག་གསུམ་གནད་དུ་བརྟེན་པ།

The Three Statements That Strike The Essential Points TSEEK SOOM NAY DOO DECK PA

By Garab Dorje

1. རོ་རང་ཐོག་དུ་སྤྱད།

NO RONG TOKE TOO TRAY
One is introduced directly to one's own nature.

2. ཐག་གཅིག་ཐོག་དུ་བཅད།

TAHK CHIK TOKE TOO CHAY
One definitively decides upon this unique state.

3. གདེང་གྲོལ་ཐོག་དུ་བཅའ།

DENG DROL TOKE TOO CHA
One continues directly with confidence in liberation.

Translation by John Myrdhin Reynolds